

Breaking Chains Academy Supplies Needed:

Food:

- Frozen Items:
 - Pizzas
 - Hot pockets
 - Chicken nuggets
 - Corn dogs
 - French fries
 - Waffles
 - Burritos
 - Taquitos
 - Pizza rolls
- Fridge Items:
 - Water
 - Juices
 - 2% Milk
 - Yogurts
 - Fruit cups
 - String cheese
- Condiments:
 - Ranch
 - Ketchup
 - Mayonnaise
 - Tapatio
 - Peanut butter
- Pantry Items:
 - Granola breakfast bars
 - Pop tarts
 - Chips
 - Goldfish crackers
 - Cookies
 - Fruit snacks
 - Rice Krispy treats
 - Cheese-itz
 - Ramen noodle cups
 - Soup

Hygiene Products:

- Shampoo
- Conditioner
- Body wash
- Bar soap
- Deodorant (male/female)
- Tampons/pads
- Band-aids
- Shaving cream
- Razors
- Q-tips
- Floss
- Toothpaste
- Toothbrushes

Office Supplies:

- Lined paper
- Two-pocket folders
- Printer paper
- Pencils
- Pens
- Erasers
- Highlighters
- Sharpies
- Paperclips
- Staples
- Tape
- Sticky notes
- Thumb tacks
- White board markers

Art Supplies:

- Canvases
- Paint brushes
- Acrylic paint
- Crayons
- Colored pencils
- Markers
- Sidewalk chalk
- Construction paper

Cleaning Supplies:

- Multipurpose cleaning spray
- Lysol disinfectant spray
- Paper towels
- Toilet paper
- Air freshener
- Toilet cleaner
- Dish soap
- Sponges
- Hand soap
- 13-gallon trash bags
- Windex
- Rubber gloves

Kitchen Items:

- Paper plates
- Plastic cups
- Plastic forks
- Plastic spoons